

Health Plan Dollar Limits

For the Tax Year 2023

Plan Limits for Year:

Health Savings Account (HSA)

Self Only Coverage

Family

Catch-up (55 or older)

Flexible Spending Account (FSA)

Employee Deferral

Carryover

High Deductible Health Plans (HDHP)

Maximum Out of Pocket Limit

Self Only

Family

Minimum Annual Deductible

Self Only

Family

	2023	2022	2021
Health Savings Account (HSA)			
Self Only Coverage	\$3,850	\$3,650	\$3,600
Family	\$7,750	\$7,300	\$7,200
Catch-up (55 or older)	\$1,000	\$1,000	\$1,000
Flexible Spending Account (FSA)			
Employee Deferral	\$3,050	\$2,850	\$2,750
Carryover	\$610	\$570	\$550
High Deductible Health Plans (HDHP)			
Maximum Out of Pocket Limit			
Self Only	\$7,500	\$7,050	\$7,050
Family	\$15,000	\$14,100	\$14,100
Minimum Annual Deductible			
Self Only	\$1,500	\$1,400	\$1,400
Family	\$3,000	\$2,800	\$2,800

For full list of limitations for healthcare-related items for tax year 2023, please visit [IRS.GOV](https://www.irs.gov).

Please note, annual contribution rates are based on the IRS 2023 retirement plan limitations and are subject to change. This material was created for educational and informational purposes only and is not intended as ERISA, tax, legal, or investment advice.